



# LOSE 10-15KG IN 6 MONTHS\*

Proven medical tool for weight loss.

## The ORBERA® Advantage

- Proven results; average weight loss of 10-15kg in 6 months.\*
- After twelve months with the ORBERA® two-part program, people lost an average of 3.1x the weight patients lost with diet & exercise alone.
- Custom support provided by a team of experts.
- Learn healthy habits to help you keep the weight off even after the balloon is removed.
- More than 20 years history of helping thousands of people lose weight.
- #1 in global market leader. More than 220,000 devices implanted worldwide in over 80 countries.

## What Will It Cost?

Actual costs will vary by ORBERA® Specialist, so speak to your clinic about pricing. They can assist you in understanding your costs and financing options.

## Is ORBERA® Right For Me?

While ORBERA® does not require surgery, any medical procedure requires careful thought and consideration.

To qualify for ORBERA®:

- Be an adult
- Body Mass index (BMI) of above 27
- Be willing to participate in a medically supervised program.

## What to Expect

With ORBERA®, people lost an average 3.1x the weight patients lost with diet & exercise alone. The comprehensive two-part weight loss program will help you create healthy lifestyle habits and maintain your weight loss over time.



Most weight is lost in the first three months, but because the gastric balloon stays in for six months, you will learn the right amount of food to eat to maintain your new weight.



After twelve months with the ORBERA® two-part program, people lost an average of 3.1x the weight patients lost with diet & exercise alone.

## 20-Years Global Clinical Experience

ORBERA® is a clinically tested and proven weight loss solution that has helped more than 220,000 people in over 80 countries. No fad programs. No surgery. Just results.



An effective weight loss option.



Proven for over 20 years.



Studies have shown patients can lose 10-15kg or more in 6 months\*

## Support to Meet Your Long-Term Weight Loss Goals

Once the balloon is in place, you'll receive your own customised diet & exercise plan and coaching from a support team of experts to help keep you motivated, provide advice, coordinate your program, and help you work through weight loss barriers.



**ORBERA® Specialist**  
a licensed doctor of medicine specialising in the field of weight loss.



**Professional Dietitian**  
an expert on human nutrition and diet focusing on areas of disease prevention and weight maintenance.



## Angela Lost 22 kgs.

"I visited a dietitian every month. I learned about lifestyle change, lifestyle eating changes... it's the best thing I've ever done."

### The ORBERA® 2-Part Program



ORBERA®



Diet & Exercise

### A Powerful Solution for Mind and Body

ORBERA® combines a clinically tested and proven medical device, with your own customised plan and support team, to effectively manage weight loss. The comprehensive, two-part program starts with a soft balloon placed in your stomach for six months to encourage portion control. A team of support experts will then help guide you through a diet and aftercare program. At six months, the balloon is removed and your support team will continue to guide you toward making healthy lifestyle choices. They will help you retrain your appetite, adopt new nutritional habits, and establish a reasonable exercise routine that will be essential to your long-term success.

#### Important ORBERA® Intra-gastric Balloon System Safety Information

The ORBERA® Intra-gastric Balloon System is a weight loss aid for patients, with a body mass index (BMI) >27 and above, who have tried other weight loss programs, such as following supervised diet, exercise, and behavior modification programs, but who were unable to lose weight and keep it off.

To receive ORBERA® you must be willing to also follow a 12-month program, beginning with the placement of ORBERA® and continuing for 6 months after, that includes a healthy diet and exercise plan. If the diet and exercise program is not followed, you will not experience significant weight loss results; in fact, you may not experience any weight loss.

Losing weight and keeping it off is not easy, so you will be supervised throughout this program by a team of Healthcare Professionals. This team will help you make and maintain major changes in your eating and exercise habits. ORBERA® is placed for no more than six months. Any time that the balloon is in the stomach for longer than six months puts you at risk for complications, such as bowel obstruction, which can be fatal.

Some patients are ineligible to receive ORBERA®. Your doctor will ask you about your medical history and will also perform a physical examination to determine your eligibility for the device. Additionally, at the time of placement, the doctor may identify internal factors, such as stomach irritation or ulcers, which may prevent you from receiving ORBERA®.

You must not receive ORBERA® if you are pregnant, a woman planning to become pregnant within six months' time, or breast-feeding.

Complications that may result from the use of ORBERA® include the risks associated with any endoscopic procedure and those associated with the medications and methods used in this procedure, as well as your ability to tolerate a foreign object placed in your stomach. Possible complications include: partial or complete blockage of the bowel by the balloon, insufficient or no weight loss, adverse health consequences resulting from weight loss, stomach discomfort, continuing nausea and vomiting, abdominal or back pain, acid reflux, influence on digestion of oesophagus, blockage of food entering the stomach, bacterial growth in the fluid filling the balloon which can lead to infection, injury to the lining of the digestive tract, stomach or oesophagus, and balloon deflation.<sup>1</sup>

Important: For full safety information please visit [www.orberaweightlossystem.com.au](http://www.orberaweightlossystem.com.au), talk with your doctor, or call Apollo Customer Support at 1300 672 372.

CAUTION: Rx only.

#### Reference:

1. Directions For Use (DFU). ORBERA® Intra-gastric Balloon System (ORBERA®). Austin, TX: Apollo Endosurgery, Inc. (GRF-00283-00R02)

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\*Weight Loss varies from person to person.

If you are excited to commit to this new lifestyle, discuss ORBERA® with your Specialist or visit **ORBERA.COM.AU**



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